

# COUNSELING FOR PERSONAL ISSUES - MPAS

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Chamberlain University has partnered with AllOne Health student assistance to provide short-term counseling, support and referrals to all Chamberlain students and their family members free of charge. AllOne Health is a confidential, 24-hour access service that students may access directly without a referral from faculty, staff or a healthcare provider. Through the Student Assistance Program - AllOne Health, Chamberlain students, their family members and significant others can receive assistance with issues such as:

- **Emotional Support:** Stress management, anxiety, depression, grief and family/relationship issues
- **Academic Support:** Testing-taking skills, study tips, tutors and study assistance, skill building, time organization
- **Student/Life Balance:** Financial resources, budgeting, legal resources, childcare and elder care resources, career development, workplace training
- **Active Military and Veteran Resources:** Deployment, health and wellness, reintegration support, veteran resources and benefits

AllOne Health can be contacted by calling **800.456.6327** or visiting the web portal using the link below to discuss issues that are interfering with academic or personal goals.

## AllOne Health Web Portal

You will need to sign up on the first login and set up your own username and password, which you will use ongoing:

Company/Student Code: CHAMBERLAIN

Your Email Address: *(your email will be your username)*

Your Password: *create your own unique password*

All MPAS program faculty and staff aware of a student's personal issue should confidentially provide the student with AllOne Health's phone number as soon as possible and encourage the student to call and schedule an appointment. Faculty and staff may call on behalf of the student in the student's presence if requested, but the student must voluntarily participate. The Program Director, Medical Director and principal faculty must not treat the student as a healthcare provider as described in the Provision of Health Services by Program Director, Medical Director or Faculty policy.